

JAGUAR NATION

SOUTH MOUNTAIN HIGH SCHOOL

October 2011

Volume 5, Issue

South Mountain gets fit.



South Mountain starts morning fitness program in effort to improve the staff and student body fitness levels. Dubbed “Beast Mode” by some of the student body, programs range from

moderate to very intense. Doors open at 6am and sessions end at 6:55am. Days are flexible but available Monday through Friday.

The program emphasizes fitness through consistency, technique, and core development concepts. The philosophy is that healthy bodies allow for healthy minds. Through fitness we teach discipline, commitment and social skills.

Currently it is a small group but we look forward to the development of the program into a fitness revolution here in the South Mountain Community.

South Football vs. Sunnyslope



South Mountain plays well versus Sunnyslope.

Derek Craig recorded 19 tackles and a sack Friday night. Matekhilea Kulitea added 11 tackles. John Crain scored on a 15 yd. pass adding to his touchdown total and Markeys Little added the two point

conversion to give South the 8-7 lead. Defense was solid again and offense continued to make strides.

This week the Jags take on Marcos de Niza @ 7pm.

On Campus:

- The South Mountain High School Spirit line is in need of 2 teams to complete the tournament bracket. We would really appreciate your support.
- Congratulations to Ernest Cobb who has been selected to lead the Jaguar Basketball program.
- Dance annual fall concert November 17th. Magnets level II, III, and IV will be performing.
- Football photos will be taken October 26 on the main football field.



Principal Alvin Watson believes in pushing students to do the right things in the classroom as well as in the community. Jaguars leading the way in the pursuit of excellence is his message.

SOUTH MOUNTAIN HIGH SCHOOL

5401 South 7th Street
Phoenix, AZ 85040
www.PhoenixUnion.org
602 764 5039

Football Schedule:
8/26 Camelback @ South
9/2 South @ Apollo
9/9 South @ Valley Vista
9/16 Chavez @ South
9/23 South @ Shadow Mt.
9/30 Fairfax @ South
10/6 South @ McClintok
10/14 South @ Sunnyslope
10/21 Marcos @ South
10/28 Goldwater @ South

Myth Buster:

Myth: Public schools don't have career programs.

Truth: South Mountain's Law program has a full size court room and law library.

ORDINARY PEOPLE WITH DISCIPLINE, WORK ETHIC AND FAITH DO EXTRAORDINARY THINGS EVERY DAY.



SOUTH MOUNTAIN HOMECOMING TAILGATE PARTY

FRIDAY OCTOBER 21, 2011 4:00PM-6:00PM

Arizona Education Tax Credit

A MONEY-BACK GUARANTEE !

Contribute to student programs and activities at Phoenix Union High School District, and you'll be paid back with a DOLLAR-FOR-DOLLAR TAX CREDIT. And you'll help guarantee that our students experience all that high school has to offer.

Arizona tax law (ARS 43-1069.01) allows single taxpayers or a head of household a credit of up to \$200 if they contribute to extracurricular activities in public schools. Married couples filing a joint return may take a credit of up to \$400.

You'll receive a dollar-for-dollar tax credit on your state income taxes, which means taxpayers will have the amount of the contribution subtracted from the amount of taxes owed.

To claim the tax credit, taxpayers must contribute to an extracurricular activity for which the school district requires a fee. For a list of eligible programs and a contribution form, contact our school or visit the District website at www.PhoenixUnion.org/TaxCredit

Tax credit donations must be received by December 31.



South Mountain High School
602-764-5000

Thanks for Supporting Our Students!



South Mountain High School will be hosting a tailgate party for past and current Jaguars; as well as, Rebels on October 21, 2011. There will be food, drink and entertainment leading up to the homecoming game where the Jaguars will take on the Marcos De Niza Padres. Come out socialize, reminisce and enjoy yourself. Kickoff is at 7:00pm. If your group or organization wants to help please contact Cecile Higgins @ higgins@phxhs.k12.az.us



PRIDE AND EXCELLENCE